

This year we cannot bring everyone together face-to-face as we usually would, so instead we invite you to take part in a week of fun activities that will hopefully help us to all feel more connected during these strange times! Watch this [video clip](#) to hear more from LASSN's Director, Jon...and read on to see the full programme of events. You can sign up to as many sessions with 'unlimited' spaces as you like, and you can choose one session that has 'limited' spaces. We look forward to seeing you!

**Dancing with Nikki**  
**Monday 15th March**  
12 - 12:45pm

Places available: Unlimited.  
Sign up [here](#)



**Cooking with Hala**  
**Tuesday 16th March**  
11am - 12pm

Places available: Unlimited.  
Sign up [here](#)



**Wellbeing Workshop for Adults**  
**Tuesday 16th March**  
6am - 7:30pm

Places available: Limited.  
Sign up [here](#)



**Baking with Naglaa**  
**Wednesday 17th March**  
2 - 3pm

Places available: Unlimited.  
Sign up [here](#)



**"What LASSN means to me" with Nicky**  
**Thursday 18th March**  
11am - 12pm

Places available: Limited.  
Sign up [here](#)



**"What LASSN means to me" with Nicky (Repeated session)**  
**Thursday 18th March**  
6 - 7pm

Places available: Limited.  
Sign up [here](#)



**Wellbeing Workshop for Children and Parents**  
**Friday 19th March**  
10 - 10:45am

Places available: Limited.  
Sign up [here](#)



**Looking after Your Bike with Simon**  
**Friday 19th March**  
1 - 2pm

Places available: Unlimited.  
Sign up [here](#)

